RELATOR® ACTION ITEMS

GENERAL ACADEMIC LIFE

- Create various lines of communication with friends in your classes, such as verbal, phone, and e-mail, and help each other when one of you has to miss a class.
- Seek out advisors, counselors, and professors who demonstrate genuine interest in you as a person.
- Seek out fellow students with whom you can play a mutual tutoring, learning assistance, and support role.

STUDY TECHNIQUES

- Form study groups for midterms and exams with close friends.
- Discuss class lectures with friends.
- Study with friends who have goals similar to yours.
- To increase your comprehension of reading materials, share what you have learned with friends.

RELATIONSHIPS

- Share knowledge with others and build a support network.
- Become a mentor and always have a mentor.
- Get to know professors who take an interest in you. Their involvement in your college experience will create a sense of belonging and stimulate your intellectual development as well as your academic achievement.
- Develop a college lifestyle through which you share your academic progress and performance with people who care about you, both inside and outside the college environment.

CLASS SELECTION

- Do your best to meet the professors who teach the classes you are considering.
- Choose classes that friends are taking. Your relationships with them will heighten your engagement in the classes.
- Select classes that encourage friendships and belonging.

EXTRACURRICULAR ACTIVITIES

- Become involved in campus organizations that foster friendships.
- Join organizations that your friends and you have agreed upon.
- Consider community and humanitarian work that you can rally your close friends to be a part of too.

