

GENERAL ACADEMIC LIFE

- Take risks to gain new insights, even if they are out of your comfort zone. Set academic goals to project yourself into a successful future.
- Challenge professors with your “What if?” thinking. Encourage them to project beyond to what “might be” in 10, 15, or 20 years.
- Know what is expected in each of your classes so you will be able to plan your college years. Visit your academic counselor regularly to keep stretching your thoughts.
- Associate with others who enjoy philosophizing about the future.

STUDY TECHNIQUES

- Try to truly understand what you’re studying; don’t just memorize. Always relate what you’re studying to where you see yourself in the future.
- Write a description of your desired future, and post it where you will notice it frequently. Look at it often, and connect what you are learning to where you want to go.
- Take exams seriously and prepare thoroughly. Treat them as steps toward your future.
- Join a group in which you can lead others to create new visions of the future.

RELATIONSHIPS

- Talk about your goals and dreams with your friends, family, and professors. Their awareness of your objective will be a motivator.
- Surround yourself with people who will be instrumental in attaining your aspirations. Form strong relationships that can last a long time.
- Encourage younger people who are interested in the same things you enjoy.
- Don’t let other people’s negative comments about your dreams dissuade you from reaching toward them.

CLASS SELECTION

- Choose classes that will apply to your career goals.
- Pinpoint professors who are futuristic in their thinking, not those who merely maintain the status quo.
- Risk taking a class that will push you to the edge in your thinking.

EXTRACURRICULAR ACTIVITIES

- Join a committee that has a forward-thinking leader who can stretch you beyond day-to-day events.
- Look for internships that will challenge your thinking and help you reach beyond your current level.
- Keep others in your committee or group focused on what can be, frequently sharing the vision that you see.
- Join a group that believes that it can have a positive effect on the future.